

What was it like? - Worksheet 1 - Routine

Daily life in the asylum was based on a strict routine. The extract describes a typical day in the asylum – what the patients did at different times of the day. The picture shows a ward dining room in the asylum. Look at them both and answer the following questions:



1. Fill in the timetable for the patients using the extract:

TIME	ACTIVITY	FOOD EATEN

2. Looking at the picture of the ward dining room what can it tell us about the routine of the asylum? Use the following clues to help you:

- How are the chairs arranged?
- What might the mirror balls on the ceiling be for?
- What are the nurses' uniforms like?
- How are the nurses standing?
- What expressions are on the nurses faces?.....
- What expressions are on the patients faces?.....